

## Labor Day Safety

### **Tips for Safe Swimming**

- Check weather and water conditions beforehand and throughout the day.
- Always swim with a buddy in a designated swimming area supervised by a lifeguard.
- Provide constant supervision to children in or near the water and always stay within arm's reach of young children and inexperienced swimmers while they are in the water.
- Young children and inexperienced swimmers should wear U.S. Coast Guard-approved life jackets.

### **Tips for Safe Grilling**

- Keep the grill away from the house, tree branches, or anything that could catch fire.
  - Always follow the **manufacturer's** instructions.
  - Keep children and pets away from the grill.
  - Never add charcoal starter fluid when coals have already been ignited.
- The American Red Cross First Aid App for smart phones and tablets provides users with expert advice on what to do in case of an emergency. Get it at [redcross.org/mobileapps](http://redcross.org/mobileapps)

### **Why was the clock sent to the principal's office ?**

Because it was tocking too much.

### **Be Extra Careful on the Road this Weekend – Focus on Your Driving!**

The National Safety Council estimates 395 people will be killed and an additional 42,300 injured in car crashes this Labor Day Weekend (between 6 p.m. Friday, Aug. 29, and 11:59 p.m. Monday, Sept. 1). It also is estimated that 144 lives may be saved this Labor Day holiday period by buckling up.

*“Labor Day weekend marks the end of summer activities – it should be a time of celebration,” said Deborah A.P. Hersman, president and CEO of NSC. “Unfortunately this weekend will be a time of tragedy for hundreds of families that experience a preventable fatality on our roadways.”*

To ensure a safer Labor Day holiday weekend, NSC recommends drivers:

- Refrain from using cell phones – handheld or hands-free – because there is no safe way to use a cell phone while driving;
- Do not manipulate in-vehicle infotainment systems or electronic devices, including GPS systems, while the vehicle is in motion;
- Make sure all passengers are buckled up and children are in safety seats appropriate for their age and size;
- Allow plenty of travel time to avoid frustration and diminish the impulse to speed;
- Drive defensively and exercise caution, especially during inclement weather;
- Designate a non-drinking driver or plan ahead and hire a taxi.

### **Now is a Good Time for a Vehicle Walk-around Inspection**

When was the last time you checked your personal vehicles to ensure there were no issues of concern?

- Check your tires for tread wear (also check for uneven wear which could indicate an alignment or balance issue.
- Check tires for proper inflation - don't forget the spare! (also look for bulges or cuts which could pose a problem on the road)
- Check belts and hoses for wear and tear
- Check the air filter and clean or change it as needed
- Top of the window washer fluid, check oil, transmission, radiator and brake fluid
- Ensure all lights (head, tail, blinkers, flashers) are working

### **21% of manufacturers suffered a loss of IP within the past year – is your info protected?**

Malware was the most common cause of data loss incidents for manufactures, although other types of cyber-incidents – including software vulnerabilities, theft of mobile devices, network intrusion, etc. – were also cited as sources of IP leakage, according to a news study from Kaspersky Lab.

The survey found that manufacturers ranked “Internal Operational Information” and “Intellectual Property” as the two types of non-financial data they fear losing the most.

**Consumers also need to do all they can to protect personal information.** Identity theft is the fastest growing crime in America. Here are a few other important identity theft:

- The number of identity theft incidents has reached 9.9 million a year, according to the FTC.
- Every minute about 19 people fall victim to identity theft. Highest rate is among those aged 18-24.
- It takes the average victim an estimated \$500 and 30 hours to resolve each identity theft crime.
- Only 28% of identity theft cases involve credit or financial fraud. Phone, utility, bank and employment fraud make up another 50% of cases.

### **Traffic Deaths Down in First Half of 2014**

Preliminary data collected by the National Safety Council indicates deaths from motor vehicle crashes during the first six months of 2014 are down 4% over last year. “Alarmingly, studies show that 90% of crashes involve driver error, including speeding, alcohol use and distractions,” said Deborah Hersman, NSC President & CEO.

**Safety! Don't leave home without it!**